

Midwest Flute Institute Daily Warm-Up



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Dr. Allison

♩ = 60

BREATH KICKS

Musical notation for the 'BREATH KICKS' exercise. It consists of three staves of music in 4/4 time, starting with a key signature of one flat (Bb). The first staff contains measures 1 through 8, featuring quarter notes and eighth notes. The second staff, starting at measure 9, continues with eighth notes and quarter notes. The third staff, starting at measure 13, features sixteenth-note runs and eighth-note patterns.

PITCH BENDS

Musical notation for the 'PITCH BENDS' exercise. It consists of two staves of music in 4/4 time, starting with a key signature of one flat (Bb). The first staff, starting at measure 19, shows quarter notes with downward-pointing arrows indicating pitch bends. The second staff, starting at measure 24, continues with similar quarter notes and includes some beamed eighth notes.

HARMONICS

Musical notation for the 'HARMONICS' exercise. It consists of two staves of music in 4/4 time, starting with a key signature of one sharp (F#). The first staff, starting at measure 30, features quarter notes with diamond-shaped symbols below them, indicating harmonic production. The second staff, starting at measure 38, continues with quarter notes and includes some beamed eighth notes.

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CHROMATIC SCALE

4

112

116

UNDERTONE HARMONICS

120

OCTAVES

127

134

LONG-ISH TONES

141

SING & PLAY

155

RELATIVE MINOR

167

171

174

176

178

180

182

184

186

ARPEGGIOS, MAJOR & MINOR

188

193

198

TERRACED DYNAMICS

202

f mf mp p f mf mp p f mf mp p f mf mp p f mf mp p f mf mp p